



<b>Basic Double Knitting Instructions</b>	
YARN:	Lily Sugar 'N Cream, 4-ply cotton yarn. Brown (warm brown) and Light grey-blue (denim-stonewash) Approximately 1/5 of a 2 oz ball for each color. (15 yards of each color)
NEEDLES:	US 4 (3.5 mm). Mine needles are 9" and there is plenty of room Yarn needle or crochet hook (for weaving the yarn ends).
GAUGE:	Not too important? (it's a coaster) Finished size on size US 4 needle: 3-3/4" x 3 - 3/4"
CAST ON:	Cast on by whatever double knit method you like. I use the long tail method of casting on. Cast-on 17 stitches, of the darker yarn color, wrapped around 2 needles.
ROW 1:	With both yarns in back, knit the first stitch with both yarns (striped on chart). Follow side 1 chart color, read <b>right to left</b> , and in every cast on loop, k1 (chart color), holding cast-on stitch on left needle, p1 (non-chart color) into same stitch, then slide off cast-on stitch. NOTE: For all knit stitches bring <u>both</u> yarns between the needles and to the back. For all purl stitches bring <u>both</u> yarns between the needles and to the front. Work across row in same manor, except last stitch (striped on chart), p1 with both yarns, making sure not to twist the yarn as it is wrapped around the needle.
ROW 2:	Slip the first, double yarn, stitch knit wise onto the right needle without working it(striped on chart). Follow the side 2 chart color (read <b>right to left</b> ), and k1 (chart color), p1 (non-chart color), repeat across row until last stitch, then p1 with both yarns.
REMAINING ROWS:	Odd Rows use side 1 chart and even rows use side 2 chart
1 COLOR:	This row is optional and part of my method for binding-off double knitting. (I think it looks nicer.) Slip the first, double yarn, stitch knit wise onto the right needle without working it(striped on chart). Using just 1 color of yarn (like with the cast on I prefer the darker colored yarn), k1,p1 across row and p2tog the last 'stitch' of 2 colored yarns
BIND OFF:	k1. Work the next 2 stitches in the following manor: Slip 1 stitch knit wise onto right needle, than slip the next stitch onto the right needle, move both stitches back onto the left needle, k2tog. Now with 2 stitches on left needle, carry far right yarn over the other loop and drop off needle (normal bind-off) Work the remaining stitches in sets of 2, except for last 2 yarns. When you get to the last stitch (striped on chart), pull yarn to front and pick-up other color of yarn and p2tog. Bind off with other yarn loop on left needle. With the single stitch of 2 color yarns, using a 'G' Crochet hook, chain stitch 12-14, to make hanging loop. Tie off and weave end into potholder.